

# **TMHA COVID-19 POLICY**

## **Testing/Exposure**

### **TESTING**

- If a parent/guardian or child has been tested for COVID-19, we ask that you/they quarantine at home until they get their test results
- If you/they test positive you **MUST** quarantine for 14 days minimum and provide a 2nd test showing a negative result before returning to hockey as a player or spectator
- We require a copy of the negative test result for our records

### **EXPOSURE**

- If a member of the player's household has been exposed to someone with COVID-19, we ask that you quarantine for 14 days after being notified

If you have been exposed or are being tested, please advise your coach immediately so proper protocols can be followed and a return date can be determined

We ask that you please consider the health and safety of all of TMHA and our community